

House Party

House Party is a game where everyday tasks around the house become art, and not in terms of accuracy: brushing your teeth turns into sound art, dishwashing translates into a graphic score, making coffee is modern dance and more.



The game has a list of **7 actions** and you have two ways to experience them: **LISTEN** or **DO IT**.

LISTEN: listen to the recording of the action (see links to [soundcloud](#)) and perform the related task at the same time (see task list in the following pages). For example: Listen to the recording of “[Take out the TRASH](#)” while reciting poetry.

DO IT: Do it yourself! For example: Take out the TRASH.



Recording: In order to share our home-made art and to create more scores for the game, you are asked to record your actions, whether they are LISTEN or DO IT. Some tasks will be recorded as audio, and some video or image. You can use the various apps on your phone for all types of recordings. Send your recordings to: synzine17@gmail.com or maya.verlaak@gmail.com.



1a. Follow the steps in the order (1- Brush your teeth, 2 - Make coffee, etc.).

Flip a coin to determine whether you will LISTEN or DO IT, and perform the corresponding task. When you're done, go to the next task and so on.

1b. If you prefer to experience the tasks consistently in the same way, do all of the actions by **one category** and then (if you're not yet tired) go to the other.

For example: all actions by LISTEN, and then all actions by DO IT.

1c. Make your own mix! Follow the order and decide in advance or as you go if it's LISTEN or DO IT.

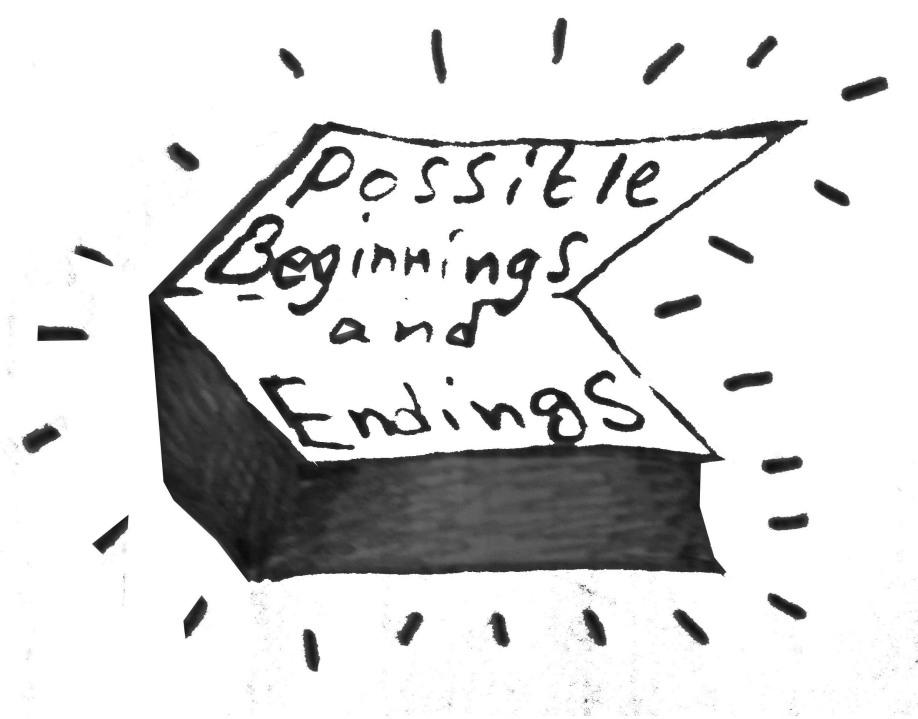


2a. Make your own order of actions and ways of experiencing.

You can **write down a list in advance** (1 - Make coffee - LISTEN, 2 - Watch TV - DO IT etc), **decide freely as you go** (“now I really feel like doing the dishes!”) or **use chance** - throw a dice to decide which number is next (“Yes! It's Make a SNACK time!”) and flip a coin for LISTEN or DO IT.

Action #7 can be your “joker” for everytime there's a task you don't really feel like doing.

2b. Short game? Feel free to choose one task, LISTEN or DO IT.



Before you start...

Did you get out of bed? It's recommended to start with some stretches that will awaken the body and senses.

Still in bed? If you had a dream and you can remember it, write it down.

No dream in drive? Sing about three nice things you will do today, or about three things you need to do today but you don't really feel like.

Is your house tidy and clean? Then make some creative mess before starting to play.

Or is it messy? Then clean-up for a fresh start.

Ending...

If you followed the order, use the last score you made (the graphic score of #7 Washing the DISHES) as a score for another, new action that you feel like doing. **Record it!**

Or just do something you feel like! **Record it!**

Got tired? Go to bed, sing yourself a **lullaby** (and **record it...**).

Tips

LISTEN: you can listen to an action more than once before and/or while performing.

When **recording audio** while LISTENING you can choose to have headphones on, so in the recording you make the track you're listening to doesn't sound.

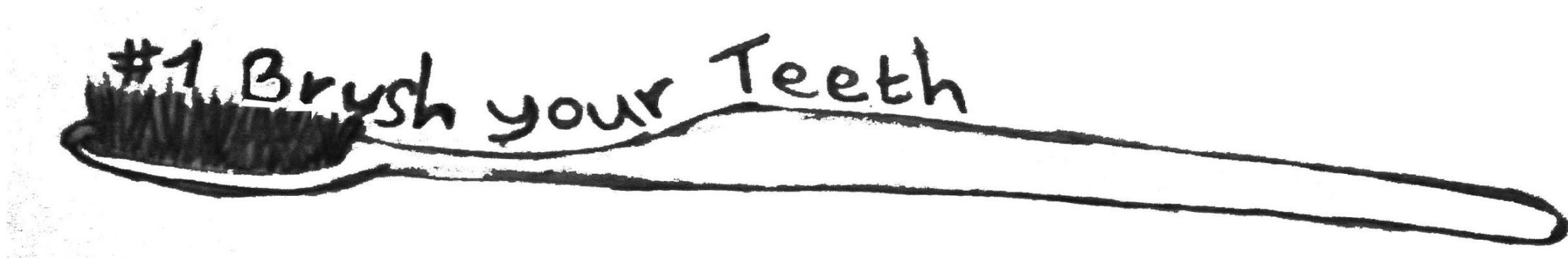
If you can, listen at least once with **headphones**.

The game is designed for one player, but can easily become fun for two or more.

If you have to, have a toilet break. Record it ;)

Enjoy your





LISTEN

Mouth Music:

For the next two minutes, **become a vocal-artist and improvise a musical duet with the recording**. Use your mouth as a musical instrument, that can produce only sounds and no words. Explore the variety of noises you can make with your mouth - lips, teeth, tongue and gum even stomachs. Remember to breathe and invite your nose and even stomach to join this song. Don't be shy, strange sounds are welcome!

● **Record your sounds**



LISTEN

Ecstatic Coffee Dance:

Caffeine is known to be awakening and stimulating. As you listen to the recording, listen with your body and embrace your momentary identity as a modern dancer. Dance freely, listen to rhythms and enjoy sounds and move with them.

● **Take a video yourself** - you don't have to shoot the whole body and can place the camera so that you only take part of your body (fit, for example) or even just your shadow.

DO IT

That's easy, brush your teeth and **record your sound**. Don't hold back, be loud and exaggerated!

● **Record yourself**

DO IT

Whatever method you use - filter, mucha or Nespresso, make yourself a luxurious cup of coffee. Take your time, listen to the tapping of the spoon, the cup meeting the marble, the rustling of the bag and the stool of the machine. If you heard a sound you liked - repeat, find it a rhythm, give it a tune. And if you're not a coffee fan - any drink will work.

● **Record yourself**

LISTEN

Trashy poetry:

Look around - what should go to the trash? What objects? And also non-physical things - thoughts, feelings, habits. What is unnecessary that you can say goodbye to? You can write down words and thoughts, or simply recite from your imagination, while listening to the recording, poetry about the things that can be put in the trash and and out of your house.

● **Record your poem**

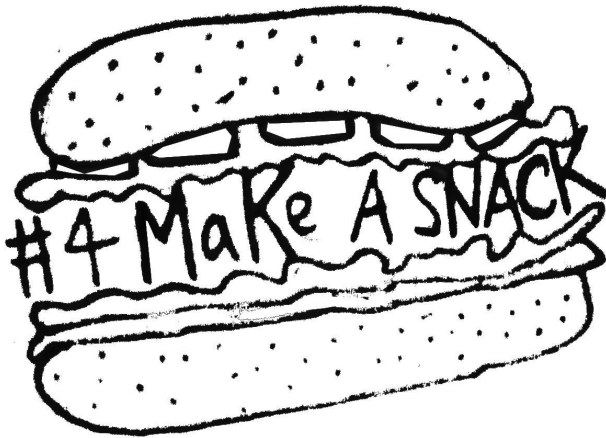
DO IT

Everyone likes to take out the trash. Gather the trash around you, above and below you, elegantly crush it in the trash, pull out the bag just like a magician and skip to the trash bin near your residence. Do it with uncompromising theatricality, and ● **record yourself**.



LISTEN

Air-snack!
While listening to the snack music I composed, prepare yourself an inedible snack! Collect various craft materials, or just any kind of useless accessories lying around the house and prepare your dream snack - dripping sandwich, refreshing salad, vibrating granola and yogurt or any other delicacy.



DO IT

And now the real thing: what do you really want to eat now, what do you crave? Which juicy snack do you resonate with? Go for it, prepare your dream snack and devour it. Let yourself be carried away with the sounds that stimulate your taste buds, play with them, make them into a symphony.

- Record yourself.

- Record yourself during the preparation and imagined eating.

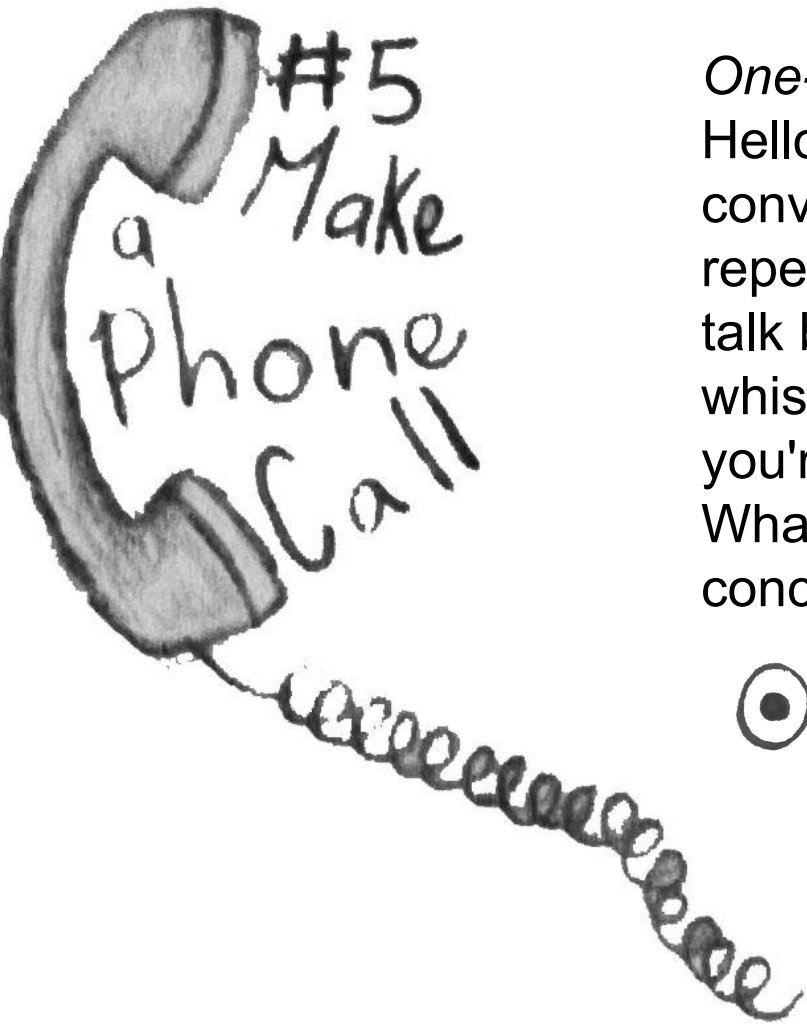
LISTEN

One-sided conversation:
Hello? While listening to the recording, converse with the conversation. You can repeat words, ask and answer questions, talk back, agree or disagree, laugh and cry, whisper or shout. Don't worry, it's not like you're talking to yourself... What is the conversation about? Try to conclude.

- Record yourself as you all talk

DO IT

Who should you call? Checking in with family members, catching up with old friends, debating with colleagues, or god forbid discussing urgent payments with the tax office? Call someone, ● record the call on your side, or both sides (they may know you are recording, but don't have to ...)



LISTEN

Mirror TV:
You are about to become not only one TV presenter but multiple, at once! As you listen to the recording, stand in front of the mirror and by lip-synching their speech, adjusting your posture and body movements imitate the sounds and character you hear. Pretend like you are them. Exaggerate the characters, enlarge them. You don't have to make a sound, but if a word comes to mind, just say it.

- Film yourself (front or back)

DO IT

That's right, sit down and watch TV (or anything on any screen). Watch one show, or switch channels rapidly.

- Record yourself



LISTEN

Dishes on paper:
Prepare your creative station with papers and drawing tools. As you listen to the recording, make a graphic representation of the sounds you hear. Freely draw, letting your hand movement follow the sounds, move together with it. Like you're making the sound tangible, into an abstract image. You can take a break sometime, close your eyes and just listen.



DO IT

Meditatively, with patience and pleasure, wash the dishes. Indulge in the process - enjoy the water touch on your hands. The fluttering water sounds meeting the various kitchen objects, the ringing of metals, plastics and glass. Notice the difference and similarities, repeat and sounds that attract you and let yourself make music with it.

- Record the process

- Take a picture of your drawing.